

A person wearing a grey hooded robe is kneeling in a grassy field, holding a long wooden staff. The scene is bathed in the warm, golden light of a setting or rising sun, with trees in the background. The overall mood is peaceful and contemplative.

A Heart Like  
God's

Part 10: Bless the Lord at All times



One hundred and eighty-seven...























1 Then David came to Nob to Ahimelech the priest; and Ahimelech came trembling to meet David and said to him, "*Why are you alone and no one with you?*"

1 Samuel 21:1-15

NASB95

2 David said to Ahimelech the priest, "The king has commissioned me with a matter and has said to me, 'Let no one know anything about the matter on which I am sending you and with which I have commissioned you; *and I have directed the young men to a certain place.*'"

3 “Now therefore, what do you have on hand?  
Give me five loaves of bread, or whatever can be  
found.”

4 The priest answered David and said, "There is no ordinary bread on hand, but there is consecrated bread; if only the young men have kept themselves from women."



5 David answered the priest and said to him,  
“Surely women have been kept from us as  
previously when I set out and the vessels of the  
young men were holy, though it was an ordinary  
journey; how much more then today will their  
vessels *be holy?*”

6 So *the priest gave him consecrated bread*; for there was no bread there but the bread of the Presence which was removed from before the LORD, in order to put hot bread *in its place* when it was taken away.

7 Now one of the servants of Saul was there that day, detained before the LORD; and his name was *Doeg the Edomite*, the chief of Saul's shepherds.

8 David said to Ahimelech, "Now is there not a spear or a sword on hand? For I brought neither my sword nor my weapons with me, because the king's matter was urgent."

9 Then the priest said, "*The sword of Goliath* the Philistine, whom you killed in the valley of Elah, behold, it is wrapped in a cloth behind the ephod; if you would take it for yourself, take it. For there is no other except it here." And David said, "There is none like it; give it to me."



The moment we use the tools of the enemy to accomplish our purposes in life, we expose everyone who loves us to the darkness we have partnered with.

10 Then David arose and fled that day from Saul, and *went to Achish king of Gath.*

1 Samuel 21:1-15

NASB95



11 But the servants of Achish said to him, "Is this not David the king of the land? Did they not sing of this one as they danced, saying, 'Saul has slain his thousands, And David his ten thousands'?"

12 David took these words to heart and  
greatly feared Achish king of Gath.

13 So he disguised his sanity before them, and acted insanelly in their hands, and scribbled on the doors of the gate, and let his saliva run down into his beard.

14 Then Achish said to his servants, "Behold, you see the man behaving as a madman. Why do you bring him to me?"

15 “Do I lack madmen, that you have brought  
this one to act the madman in my presence?  
Shall this one come into my house?”

We all make foolish  
decisions when we allow  
despair to settle in.

What matters most,  
however, is what we do  
next...

A Psalm of David when he feigned madness before Abimelech (*Achish*), who drove him away and he departed.

Psalm 34

NASB95

1 I will bless the LORD *at all times*; His  
praise shall *continually* be in my mouth.



2 My soul will make its *boast in the LORD*;  
The humble will hear it and rejoice.

*3 O magnify the LORD with me, And let us  
exalt His name together.*

4 I sought the LORD, and He answered me,  
And delivered me from *all my fears*.

5 They looked to Him and were radiant, And  
their faces will never be ashamed.

6 This poor man cried, and the LORD heard him  
And saved him out of *all* his troubles.

7 The angel of the LORD encamps around those who fear Him, And rescues them.

8 O taste and see that *the LORD* is good;  
How blessed is the man who takes *refuge in*  
*Him!*

9 O *fear the LORD*, you His saints; For to those who fear Him there is no want.



10 The young lions do lack and suffer hunger;  
But *they who seek the LORD shall not be in  
want of any good thing.*

11 Come, you children, listen to me; I will  
teach you the fear of the LORD.

12 Who is the man who desires life And loves  
*length of days* that he may see good?

*13 Keep your tongue from evil And your lips from speaking deceit.*

14 Depart from evil and do good; Seek peace  
and pursue it.

15 The eyes of the LORD are toward the  
righteous And His ears are *open* to their cry.

16 The face of the LORD is against evildoers,  
To cut off the memory of them from the  
earth.

17 *The righteous cry, and the LORD hears*  
*And delivers them out of all their troubles.*



18 The LORD is near to the brokenhearted  
And saves those who are crushed in spirit.

19 Many are the afflictions of the righteous,  
But the LORD delivers him out of them all.

20 He keeps all his bones, Not one of them is broken.

21 Evil shall slay the wicked, And those who  
hate the righteous will be condemned.

22 The LORD redeems the soul of His servants, And none of those who take refuge in Him will be condemned.

Blessing God when we are  
not feeling like it is not  
fake.

It is rather how we get  
back to reality.

Hopelessness, despair,  
anger, bitterness, fear and  
discouragement are  
revealed for the lies they  
are when standing in His  
presence.