

SO many ways to Praise



1. Lifting Hands

Thanks
Surrender
Victory



2 May my prayer be counted as incense before You; The *lifting up of my hands* as the evening offering.

Psalm 141:2

6 *I stretch out my hands* to You;
My soul *longs* for You, as a
parched land. Selah.

Psalm 143:6

2 *Lift up your hands* to the
sanctuary And *bless* the LORD.

Psalm 134:2

2. Kneeling

Blessing

Asking

Humbling



4 So I will **ble**ss**** You as long as I
live; I will *lift up my hands* in
Your name.

Psalm 63:4

**8 Bless our God, O peoples,
And sound His praise abroad,**

Psalm 66:8

6 Come, let us worship and
bow down, Let us *kneel* before
the LORD our Maker.

Psalm 95:6

3. Bowing

Humbling
Worshipping
Honoring



2 Ascribe to the LORD the glory
due to His name; *Worship* the
LORD in holy array.

Psalm 29:2

11 Then the King will desire
your beauty. Because He is your
Lord, *bow down* *to Him*.

Psalm 45:11

9 And when the living creatures
give glory and honor and thanks
to Him who sits on the throne, to
Him who lives forever and ever,

Revelation 4:9–10

10 the twenty-four elders will **fall**
down before Him who sits on the
throne, and will **worship** Him who
lives forever and ever, and will **cast**
their crowns before the throne...

Revelation 4:9–10

11 And all the angels were standing around the throne and *around* the elders and the four living creatures; and *they fell on their faces* before the throne and worshiped God...

Revelation 7:11

4. Dancing

Jumping

Spinning

Rejoicing



24 This is the day which the
LORD has made; Let us *rejoice*
and be glad in it.

Psalm 118:24

9 ...This is the LORD for whom
we have waited; Let us rejoice
and be glad in His salvation."

Isaiah 25:9

17 "The LORD your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy.

Zephaniah 3:17

Sitting

Disconnected

Bored

Waiting to be
amused

