

A photograph of a sunset over a rocky, forested hillside. The sun is low on the horizon, casting a warm orange glow across the sky and the landscape. The foreground shows large, light-colored rocks and some sparse vegetation. The background features a valley with a layer of clouds or mist, and distant hills under a cloudy sky.

God of the wilderness

Part 2 — Unburdened

**1** For I do not want you to be unaware, brethren, that our fathers were all under the cloud and all passed through the sea;

**1 Corinthians 10:1–6**

2 and all were baptized into  
Moses in the cloud and in the  
sea;

1 Corinthians 10:1–6

**3 and all ate the same spiritual  
food;**

**1 Corinthians 10:1–6**

4 and all drank the same  
spiritual drink, for they were  
drinking from a spiritual rock  
which followed them; and the  
rock was Christ.

1 Corinthians 10:1–6

**5 Nevertheless, with most of them God was not well-pleased; for they were laid low in the wilderness.**

**1 Corinthians 10:1–6**

**6** Now *these things happened as examples for us, so that we would not crave evil things as they also craved.*

1 Corinthians 10:1–6

Getting us out of  
Egypt happens in a  
moment.

Getting Egypt out of  
us can take a lifetime.

At the cross we were  
freed from every  
burden of sin.

Yet somehow we end up  
burdened by them again.

3 The sons of Israel said to them,  
“Would that we had died by the  
Lord’s hand in the land of Egypt,  
when we sat by the pots of meat,  
when we ate bread to the full;

Exodus 16:3

for you have brought us out into  
this wilderness to kill this whole  
assembly with hunger."

Exodus 16:3

Deliverance from bondage  
is the first step of  
freedom.

Losing the desire for  
what held us captive  
comes next.

Being a slave is simple.  
Being a freeborn citizen of  
Heaven involves our entire  
being.

3 "He *humbled you* and *let you be hungry*, and *fed you with manna* which you did not know, nor did your fathers know, that He might make you understand

Deuteronomy 8:3

that *man does not live by bread alone, but man lives by everything that proceeds out of the mouth of the Lord.*

Deuteronomy 8:3

The biggest change of  
appetite we must undergo  
is one from prioritizing  
our carnal needs over our  
spiritual needs.

Most of the burdens we  
carry in our freedom  
have to do with holding on  
to old desires and ways  
of meeting our needs.

4 The rabble who were among them had greedy desires; and also the sons of Israel wept again and said, "Who will give us meat to eat?"

Numbers 11:4–6

5 "*We remember* the fish which we used to eat free in Egypt, the cucumbers and the melons and the leeks and the onions and the garlic,

Numbers 11:4–6

6 but now *our appetite is gone.*  
*There is nothing at all to look at*  
*except this manna.*"

Numbers 11:4–6

Jesus is that manna —  
our daily bread  
and in the wilderness we  
can have our appetites  
changed to the bread which  
comes down from Heaven.

If we don't, we will go right  
back to our old cravings  
when times get tough.

32 Jesus then said to them, "Truly, truly, I say to you, it is not Moses who has given you the bread out of heaven, but it is My Father who gives you *the true bread out of heaven*.

John 6:32–35

33 "For the bread of God is that  
which comes down out of heaven,  
and gives life to the world."

John 6:32–35

34 Then they said to Him, "Lord,  
always give us this bread."

John 6:32–35

35 Jesus said to them, "I am the bread of life; *he who comes to Me will not hunger*, and *he who believes in Me will never thirst*."

John 6:32–35

What are YOU eating  
today?